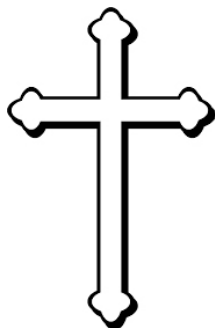


THE OFFICE
of
SUNDAY VESPERS
FIFTH SUNDAY OF LENT

Roman Rite. Psalter : Week I

Ordinary Form



EWTN

**EXPOSITION AND ADORATION
OF THE MOST BLESSED SACRAMENT**

O Salutaris Hostia

O salutáris hóstia,
Quæ cæli pandis óstium,
Bella premunt hostília ;
Da robur, fer auxiliúm.

Uni trinóque Dómino
Sit sempitérna glória :
Qui vitam sine término
Nobis donet in pátria.

Amen.

O Saving Victim opening wide
The gate of heav'n to man below :
Our foes press on from every side ;
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
For evermore, blest One in Three ;
O grant us life that shall not end
In our true native land with thee.

Amen.

FIFTH SUNDAY OF LENT AT SECOND VESPERS

Psalter: Week I

A glimpse into the kingdom of God

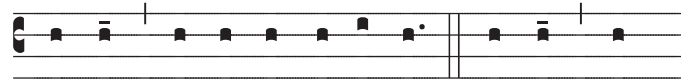
Vespers is the evening prayer of the Church. This is the hour of thanksgiving for the graces bestowed during the day of salvation that has just passed. In Sunday Vespers we review gratefully the history of God's kingdom in the Church and in individual souls. We see Christ our victorious King in his power (Ps 109), and the Church in the image of the Jewish people, setting out from the slavery of Egypt into the promised land (Ps 113). There are two principal objects to our Vesper prayers: thanksgiving, and new courage to continue our pilgrimage.

OPENING VERSE

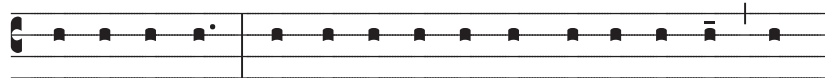
Celebrant:

All:

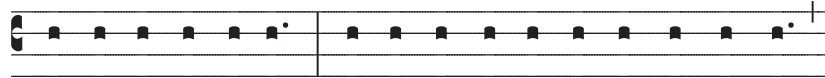
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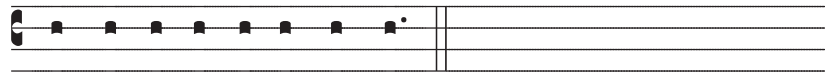
God, come to my as-sistance. R. O Lord, make



haste to help me. Glo-ry to the Fa-ther, and to the Son, and



to the Ho-ly Spir-it: as it was in the be-gin-ning, is now,



and will be for ev-er. A-men.

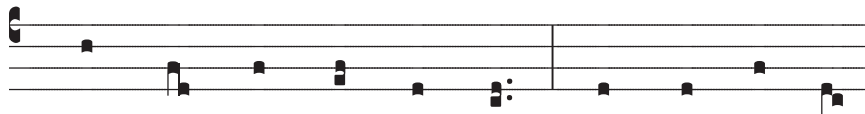
The Royal Banners Forward Go

Vexilla regis prodeunt. Mode I. Roman use

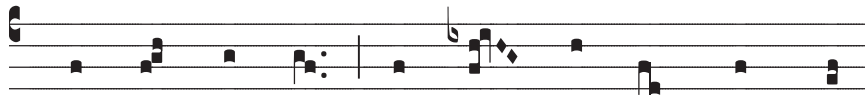
The Cantor begins and alternates verses with All:



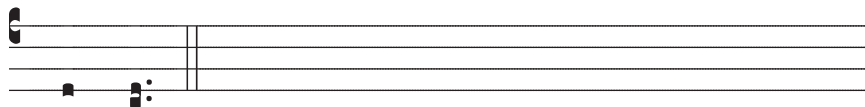
1. The roy- al ban- ners for- ward go, The Cross
2. Where deep for us the spear was dyed, Life's tor-
3. Ful- filled is all that Da- vid told In true
4. O Tree of beau- ty! Tree of light! O Tree



1. shines forth in mys- tic glow, Where he in flesh,
2. rent rush- ing from his side, To wash us in
3. pro- phet- ic song of old: A- midst the na-
4. with roy- al pur- ple bright! E- lect on whose



1. our flesh who made, Our sen- tence bore, our ran-
2. that pre- cious flood Where min- gled Wa- ter flowed
3. tions, God, said he, Hath reigned and tri- umphed from
4. tri- um- phal breast Those ho- ly limbs should find



1. som paid.
2. and Blood.
3. the Tree.
4. their rest.



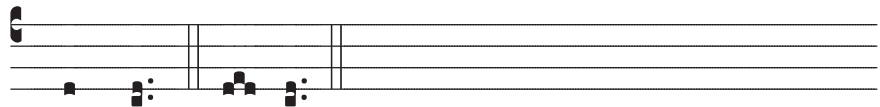
5. On whose dear arms, so wide- ly flung, The weight
6. O Cross, our one re- li- ance, hail! This ho-
7. To thee, e- ter- nal Three in One, Let hom-



5. of this world's ran- som hung; The price of hu-
6. ly Pas- sion- tide a- vail To give fresh mer-
7. age meet by all be done: Whom by the Cross

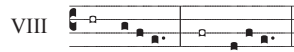


5. man- kind to pay, And spoil the Spoil- er of
6. it to the saint And par- don to the pen-
7. thou dost re- store, Pre- serve and gov- ern ev-



5. his prey.
6. i- tent.
7. er- more. A- men.

ANTIPHON I



Cantor : As the serpent was lifted up | *in the des-ert*, *
so the Son of Man must be | *lift-ed up*.

Psalm 109

King and Priest

A famous Messianic Psalm. In colorful pictures, the royal psalmist paints the mission, conflict, and triumph of our Savior. We ought to pray this Psalm with sentiments of deepest devotion, homage, adoration ; for Christ has applied these words of prophecy to himself.

*Christ's reign will last until all his enemies
are made subject to him (1 Corinthians 15 : 25)*

Appointed King by God

Cantor : The Lord's revelation to my Master : /
“ Sit | *on my right* : *
your foes I will put be- | *neath your feet*. ”

All : The Lord will wield from Sion your scep- | *ter of pow-er* : *
rule in the midst of | *all your foes*.

Cantor : A prince from the day of your birth on the | *ho-ly moun-tains* ; *
from the womb before the dawn | *I be-got* you.

Appointed Priest by God

All : The Lord has sworn an oath he will not change. /
“ You are a | *priest for ev-er*, *
a priest like Melchize- | *dek of old*. ”

Conqueror and Judge in God

Cantor : The Master standing | *at your right hand* *
will shatter kings in the day of | *his great wrath*.

All : He shall drink from the stream | *by the way-side* *
and therefore he shall lift | *up his head*.

Doxology

Cantor : Glory to the Father, and | *to the Son*, *
and to the | *Ho-ly Spir-it* :

All : as it was in the begin- | *ning, is now*, *
and will be for ev- | *er. A-men*.

ANTIPHON

All : As the serpent was lifted up | *in the des-ert*, *
so the Son of Man must be | *lift-ed up*.

ANTIPHON 2



Cantor : The Lord of hosts protects us and | *sets us free*; *
he guides and saves | *his peo-ple*.

Psalm 113

The Israelites are delivered from the bondage of Egypt

This Psalm in its simplicity is full of poetry: nature rejoices as it sees God marching by in the Ark of the Covenant. In our prayers, this is God's solemn procession through time in the forward progress of his Church. Christ is in procession, a Corpus Christi procession; and it is our privilege to march along with him.

You too left Egypt when, at Baptism, you renounced that world which is at enmity with God (Saint Augustine)

God and his people

Cantor : When Israel came | *forth from E-gypt*, *
Jacob's sons from an ali- | *en peo-ple*,

All : Judah became | *the Lord's tem-ple*, *
Israel became | *his king-dom*.

Nature's holy fear

Cantor : The sea fled | *at the sight* : *
the Jordan turned back on | *its course*.

All : the mountains | *leapt like rams* *
and the hills like year- | *ling sheep*.

Cantor : Why was it, sea, | *that you fled*, *
that you turned back, Jordan, on | *your course* ?

All : Mountains, that you | *leapt like rams*, *
hills, like year- | *ling sheep* ?

Cantor : Tremble, O earth, be- | *fore the Lord*, *
in the presence of the God | *of Ja-cob*,

All : who turns the rock in- | *to a pool* *
and flint into a spring | *of wa-ter*.

Doxology

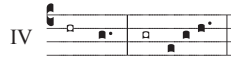
Cantor : Glory to the Father, and | *to the Son*, *
and to the Ho- | *ly Spir-it* :

All : as it was in the begin- | *ning, is now*, *
and will be for ever. | *A-men*.

ANTIPHON

All : The Lord of hosts protects us and | *sets us free*; *
he guides and saves | *his peo-ple*

ANTIPHON 3



Cantor : He was pierced for our offenses and burdened with our | **sins**. *
By his wounds | *we are* **healed**.

CANTICLE

1 Peter 2:21-24

The willing acceptance of his passion by Christ, the servant of God

Cantor : Christ suffered for you, and left you an ex- | **am-ple** *
to have you follow | *in his* **foot-steps**.

All : He did no | **wrong**; *
no deceit was found | *in his* **mouth**.

Cantor : When he was in- | **sult-ed**, *
he re- | *turned no* **in-sult**.

All : When he was made to | **suf-fer**, *
he did not coun- | *ter with* **threats**.

Cantor : Instead he delivered himself | **up** *
to the One who | *judg-es* **just-ly**.

All : In his own | **bod-y** *
he brought your sins | *to the* **cross**,

Cantor : so that all of us, dead to sin, /
could live in accord with God's | **will**. *
By his wounds | *you were* **healed**.

Doxology

All : Glory to the Father, and to the | **Son**, *
and to the | *Ho-ly* **Spir-it** :

Cantor : as it was in the beginning, is | **now**, *
and will be for ev- | *er. A-men*.

ANTIPHON

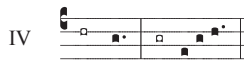
All : He was pierced for our offenses and burdened with our | **sins**. *
By his wounds | *we are* **healed**.

READING

Acts 13:26-30

My brothers, it was to us that this message of salvation was sent forth. The inhabitants of Jerusalem and their rulers failed to recognize him, and in condemning him they fulfilled the words of the prophets which we read sabbath after sabbath. Even though they found no charge against him which deserved death, they begged Pilate to have him executed. Once they had brought about all that had been written of him, they took him down from the tree and laid him in a tomb. Yet God raised him from the dead.

RESPONSORY



Cantor : Listen to us, O Lord, and have | **mer-cy**, *
for we have | *sinned a-gainst* you.

All : Listen to us, O Lord, and have | **mer-cy**, *
for we have | *sinned a-gainst* you.

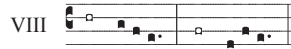
Cantor : Christ Jesus, / hear our humble pe- | **ti-tions**, *

All : for we have | *sinned a-gainst* you.

Cantor : Glory to the Father, and to the | **Son**, *
and to the | *Ho-ly Spir-it* :

All : Listen to us, O Lord, and have | **mer-cy**, *
for we have | *sinned a-gainst* you.

ANTIPHON. AT MAGNIFICAT



Cantor : When I am lifted up | *from the earth*, *
I will draw all people | *to my-self*.

Magnificat

The cantor begins and alternates verses with the congregation :

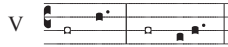
Canticle of the Blessed Virgin Mary Lk 1: 46-55

- Cantor* : 1. My soul ✠ proclaims the greatness | *of the Lord*, *
my spirit rejoices in | *God my Sav-ior*.
- All* : 2. for he has | *looked with fa-vor* *
on his | *low-ly ser-vant*.
- Cantor* : 3. From this day all | *gen-er-a-tions* *
will | *call me bless-ed* :
- All* : 4. the Almighty has done great | *things for me*, *
and holy | *is his Name*.
- Cantor* : 5. He has mercy on | *those who fear him* *
in every | *gen-er-a-tion*.
- All* : 6. He has shown the strength | *of his arm*, *
he has scattered the proud in | *their con-cept*.
- Cantor* : 7. He has cast down the mighty | *from their thrones*, *
and has lifted | *up the low-ly*.
- All* : 8. He has filled the hungry | *with good things*, *
and the rich he has sent | *a-way emp-ty*.
- Cantor* : 9. He has come to the help of his | *ser-vant Is-ra-el* *
for he has remembered his prom- | *ise of mer-cy*,
- All* : 10. the promise he made | *to our fa-thers*, *
to Abraham and his child- | *ren for ev-er*.
- Cantor* : 11. Glory to the Father, and | *to the Son*, *
and to the | *Ho-ly Spir-it* :
- All* : 12. as it was in the begin- | *ning, is now*, *
and will be for ev- | *er. A-men*.

ANTIPHON

All : When I am lifted up | *from the earth*, *
I will draw all people | *to my-self*.

INTERCESSIONS



- Celebrant* : All praise to God the Father
who brought his chosen people to rebirth from imperishable seed
through his eternal Word.
Let us ask him as his | **child**-ren:
- All* : Lord, / be gracious to | *your* **peo**-ple.
- Cantor* : God of mercy,
hear the prayers we offer for all your people,
— may they hunger for your word more than for bodily | **food**.
- All* : Lord, / be gracious to | *your* **peo**-ple.
- Cantor* : Give us a sincere and active love
for our own nation and for all mankind,
— may we work always to build a world of peace and | **good**-ness.
- All* : Lord, / be gracious to | *your* **peo**-ple.
- Cantor* : Look with love on all to be reborn in baptism,
— that they may be living stones in your temple of the | **Spir**-it.
- All* : Lord, / be gracious to | *your* **peo**-ple.
- Cantor* : You moved Nineveh to repentance by the preaching of Jonah,
— in your mercy touch the hearts of sinners by the preaching of your | **word**.
- All* : Lord, / be gracious to | *your* **peo**-ple.
- Cantor* : May the dying go in hope to meet Christ their judge,
— may they rejoice for ever in the vision of your | **glo**-ry.
- All* : Lord, / be gracious to | *your* **peo**-ple.
Our Father . . .
- Celebrant* : By your help, we beseech you, Lord God, *
may we walk eagerly in that same charity
with which, out of love for the world,
your Son handed himself over to death.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit, one God, *
for ever and ever.
- All* : Amen.

Vespers concludes with Benediction of the Most Blessed Sacrament.

**BENEDICTION
OF THE MOST BLESSED SACRAMENT**

Tantum ergo Sacramentum

Tantum ergo Sacraméntum
Venerémur cernui ;
Et antiquum documéntum
Novo cedat ritui ;
Præstet fides suppleméntum
Sénsuum deféctui.

Genitóri, Genitóque
Laus et iubilátio,
Salus, honor, virtus, quoque
Sit et benedictio :
Procedénti ab utróque
Compar sit laudátio. Amen.

℣. Panem de cælo præstitisti
eis (T. P. allelúia).
℞. Omne delectaméntum in se
habéntem (T. P. allelúia).

Therefore we, before him bending,
This great Sacrament revere ;
Types and shadows have their ending,
For the newer Rite is here ;
Faith, our outward sense, befriending,
Makes the inward vision clear.

Glory let us give and blessing,
To the Father and the Son ;
Honor, might, and praise addressing,
While eternal ages run ;
Ever too his love confessing,
Who from Both, with Both, is One.
Amen.

℣. You have given them bread from
heaven (P.T. alleluia).
℞. Having all sweetness **within** it
(P.T. alleluia).

Oratio

Oremus.

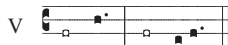
DEUS, qui nobis sub sacraménto mirábili, passiónis tuæ memóriam reliquisti : * tribue, quæsumus, ita nos Córporis et Sánguinis tui sacra mystéria venerári ; ut redemptionis tuæ fructum in nobis iúgiter sentiámus : Qui vivis et regnas in sæcula sæculórum. ℞. Amen.

Prayer

Let us pray.

O God, who in this wonderful Sacrament have left us a memorial of your Passion, * grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever. ℞. Amen.

The Divine Praises



- Cantor* : Blessed be | **God**. *
Blessed be his ho- | *ly* **Name**.
- All* : Blessed be Jesus Christ, / true God and true | **man**. *
Blessed be the Name | *of* **Je**-sus.
- Cantor* : Blessed be his most Sacred | **Heart**. *
Blessed be his most Pre- | *cious* **Blood**.
- All* : Blessed be Jesus in the most holy Sacrament of the | **Al**-tar. *
Blessed be the Holy Spirit, | *the* **Par**-aclete.
- Cantor* : Blessed be the great Mother of God, / Mary most | **ho**-ly. *
Blessed be her holy and Immaculate | *Con*-cep-tion.
- All* : Blessed be her glorious As- | **sump**-tion. *
Blessed be the name of Mary, / Virgin | *and* **Moth**-er.
- Cantor* : Blessed be Saint | **Jo**-seph, *
her most | *chaste* **spouse**.
- All* : Blessed be | **God** *
in his angels and in | *his* **saints**.

Holy God, We Praise Thy Name

Holy God, we praise thy Name ;	Hark ! The loud celestial hymn
Lord of all, we bow before thee ;	Angel choirs above are raising ;
All on earth thy scepter 'claim ;	Cherubim and seraphim,
All in heav'n above adore thee ;	In unceasing chorus praising,
Infinite thy vast domain ;	Fill the heav'ns with sweet accord :
Everlasting is thy reign.	Holy, holy, holy Lord.

Chant settings prepared by
Fr. Samuel F. Weber, O.S.B.
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